

Alzheimer's disease is a degenerative brain disease and the most common form of dementia. Dementia is not a specific disease. It's an overall term that describes a group of symptoms. Alzheimer's disease is an epidemic. Alzheimer's kills more than breast cancer and prostate cancer combined. More than 6 million Americans are living with Alzheimer's. More than 11 million caregivers provide unpaid care to people with Alzheimer's and other dementias in the United States. 1 in 3 seniors dies with Alzheimer's or another dementia.

Everyone can help in the fight to end Alzheimer's. Join us to raise awareness and funds to further the fight to end Alzheimer's. From face-to-face support to online education programs and promising worldwide research initiatives, your donations make a difference in the lives of those impacted by Alzheimer's disease.

The Longest Day is the day with the most light — the summer solstice. On June 21, thousands of participants from across the world come together to fight the darkness of Alzheimer's through an activity of their choice. Together, they use their creativity and passion to raise funds and awareness for the care, support and research efforts of the Alzheimer's Association. This event is associated with the colors of purple and white.

The American Contract Bridge League (ACBL) has teamed up with the Alzheimer's Association to help fight Alzheimer's disease during The Longest Day. Redwood Bridge Club will have bridge games all day on Saturday, 24 June 2023, to celebrate The Longest Day. Our Club has always actively supported The Longest Day. There will be a casual bridge game in the morning, and two levels of open bridge games in the afternoon. Snacks and food will be provided. Proceeds from the games and all other donations will all go to the Alzheimer's Association.

Donations can be made before, or on the 24 June 2023, to the Alzheimer's Association by check or cash given to the Director or a Board Member, or placed in the donations jar. Also donations can be made by credit card at our special donations website:

<http://act.alz.org/goto/BridgeInThePark>

**Plan to wear purple, play bridge, and donate to The Longest Day on Saturday, 24 June 2023!**